

2017 Wintergreen Botanicals Course Dates & Overview

Advanced Herbalist Intensive Training Program at Wintergreen Botanicals

note that these topics are subject to change

		Topic-Body System/Remedy			Apothecary & Clinical Skills	Gardening/Medicine Making	Plant Family	Chemistry	Taste
			5/8/17	HITP	Identification, Constituents	Growing herbs from seed (Guest: Val White), Planting trees & shrubs	Birch & Nettle	Salicylates & Minerals	Salty
			5/22/17	HITP	Botany, Herbarium, Herbal History pt 1, Researching Herbs	Plant Seedlings, Intro to Formulation	Heath	Anthocyanadins	Sour
			5/29/17		Memorial Day - no classes				
			6/12/17	HITP	Botany, Wildcrafting, Herbal History pt 2	Harvesting Weeds, Formulation Continued	Aster	Sesquiterpenes	Bitter
6/19/17	HHS1	Intro/Tea/Nutritives							
6/26/17	HHS2	Stress/Tinctures	6/26/17	HITP	Energetics, Taste	Organoleptics	Barberry & Buttreup	Alkaloids	Acrid
7/3/17		4th of July weekend - no classes							
7/10/17	HHS3	Relax/FE	7/10/17	HITP	Flower Botany Reviewed, Tongue Diagnosis (Guest: Paul Mosier)	Flower Essences, Flowers	Rose	Tannins	Astringent
7/17/17	HHS4	Digest/Oil							
7/24/17	HHS5	Detox/Caps/ID	7/24/17	HITP	Aromatherapy & Earthly Aromatics (Guest: Jessica LaBrie)	Harvesting Herbs, Hydrosol & other aroma remedies	Mint	Aromatics (Terpenes, Polyphenols)	Spicy/Carminative
7/31/17	HHS6	Sugar/FirstAid/Salve							
8/7/17		Summer break - no classes							
8/14/17	HHS7	Cardio/Honey/Vin	8/14/17	HITP	Advanced Gut Protocols, Intro to Case Studies & Clinical Practice	Powders	Malva	Mucilage	Bland/Slimy
8/21/17	HHS8	Immune/Elder							
8/28/17	HHS9	Repro/Bodycare	8/28/17	HITP	Endocrine System, Clinical, Post-Class Gathering/Dinner/Party	Percolation, Berries/Fruit Preservation	Ginseng & Parsley	Steroidal Saponins	
9/4/17		Labor Day - no classes							
9/11/17	BHHS1	Intro/Tea/Backyard	9/11/17	HITP	Mushrooms (Guest: Nathan Searles)	Double-Extraction Tincture	Mushrooms	Polysaccharides	Umami
9/18/17	BHHS2	Safety/Mushr/Broth							
9/25/17	BHHS3	Longevity/Cordial	9/25/17	HITP	Autoimmune, Clinical	Adulteration & Quality Issues	Pea	Phytoestrogens (also Coumarins)	Sweet
10/2/17	BHHS4	Brain/Bonbon							
10/9/17		No classes (I'm in Oregon for AHG Symposium)							
10/16/17	BHHS5	Bones/Infusion/Seaweed	10/16/17	HITP	Thyroid, Clinical, Project Presentations	Harvesting Roots & Barks	Nightshade & Mustard	Isothiocyanates & Carotenoids	
10/23/17	BHHS6	Pain/Raisins/Oil							
10/30/17	BHHS7	Lungs/Syrup	10/30/17	HITP	Lyme Disease (Guest: Debbie Mercier)	GMP & Regulatory Basics	Garlic	Sulfur	Pungent
11/6/17	BHHS8	Skin/Hydrosol/Exf							
11/13/17	BHHS9	Weight/Truffles	11/13/17	HITP	Cancer (Guest: Christine ToIf), Clinical, Project Presentations	Putting the Garden To Sleep, Remedy Show/Swap	Evergreens/Pines	Oleoresin	

Time Frame 6-9 pm plus opt walks
Classes 9 per series/ 18 for both
Hours 27/series, 54/both (+walks)
Certificate of completion if you attend 8 of 9 classes in each series.

Extras:
 Optional homework (essential for herbalist certificate)
 Herb walks on even class nights (HHS2, 4...)
 Walks 5:30-6 pm, optional to attend

Time Frame 9:30 am - 4:30 pm (30 min lunch)
Classes 13/series
Hours 84.5/series
Certificate of completion if you attend 11 of 13 classes in the series

For the Herbalist Certificate Program:
 Recommended reading/listening
 Client Practice Activities
 Herbarium pressings/ID/organoleptics, 12 plants total.
 Final Project, topic of student's choice, short paper + 15 minute presentation
 Must attend or have already completed HHS & BHHS (on site or online) to get herbalist certificate
 All HHS/BHHS homework including monographs and "do this"

So, if a student is taking all 3 series, every other week is a long day:
 9:30 am - 4:30 (30 min lunch) HTS
 4:30-5:30/6 pm - dinner/decompress break
 5:30-6 pm optional herb walk some dates
 6-9 pm HHS/BHHS
 9.5-10 hours of class time

Guest Speakers:
 60/40 split for guest speakers, minimum \$300 for longer class times (most cases guest speaks 10-2 or 3)
 60/40 split includes value of trade students but not w/s
 If there is enough interest, we can do another series that covers TCM/Ayurveda, clinical, biz, marketing etc, maybe also pregnancy, nursing, children, animals
Cost:
 \$1200 for HTS series alone
 \$1675 for HHS, BHHS & HTS all together
 \$110 per class (Cheapest = -\$75)
 \$200 deposit required, including for w/s students
 10% off early bird discount - register in full by Jan 10
 Payment Plan: \$200 deposit to hold spot, \$375 by May 1, July 1, Sep 1
 (\$200 discount for HTS for students who have completed BHHS & HHS)
 2 work study - one for class assistance Monday including set up for the evening class, one for garden/apothecary/setup assistance on Fridays before class nights
 1-2 trade students accepted

Cost:
 \$325 for one HHS/BHHS Series (27 hours)
 \$600 for both HHS & BHHS (54 hours + walks)
 \$40 per class (Cheapest = \$33.33)