

2018 Wintergreen Botanicals Course Dates & Overview

Advanced Herbalist Intensive Training Program at Wintergreen Botanicals

		Topic/Body System/Remedy			Apothecary & Clinical Skills	Gardening/Medicine Making	Plant Family	Chemistry	Taste
			5/1/18	HITP	1	Understanding Latin Names, Identification Basics	Growing herbs from seed (Guest: V)	Introduction	Introduction
			5/8/18						
			5/15/18	HITP	2	Energetics, Taste	Intro to Formulation, Organoleptics	Barberry & Buttercup	Alkaloids
			5/22/18						Acrid
			5/29/18	HITP	3	History, Reseraching Herbs	Planting Seedlings	Aster	Sesquiterpenes
									Bitter
Home Herbalist Series (HHS) & Beyond the HHS (BHHS)			6/5/18						
6/12/18	HHS1	Intro/Tea/Nutritives	6/12/18	HITP	4	Botany, Wildcrafting, Herbarium	Harvesting Weeds	Nettle	Minerals
6/19/18	HHS2*	Stress/Tinctures	6/19/18						Salty
6/26/18	HHS3	Relax/FE	6/26/18	HITP	5	Tongue Diagnosis (Guest: Sara Kender)	Flower Essences, Flowers	Rose	Tannins
7/3/18	4th of July weekend - no classes		7/3/18						Astringent
7/10/18	HHS4	Digest/Oil	7/10/18	HITP	6	Aromatherapy & Earthly Aromatics (Guest: Jessica LaBrie)	Harvesting Herbs, Hydrosol & other	Mint	Aromatics (Terpenes, Polyphenols)
7/17/18	HHS5*	Detox/Caps/ID	7/17/18						Spicy/Carminative
7/24/18	HHS6	Sugar/FirstAid/Salve	7/24/18	HITP	7	Advanced Gut Protocols	Powders	Malva & Grass	Mucilage & Starch
7/31/18	Summer break - no classes		7/31/18						Bland/Slimy
8/7/18	HHS7	Cardio/Honey/Vin	8/7/18	HITP	8	Endocrine System, Clinical Introduction: Anatomy of an Intake & Forms, Basic Laws	Percolation	Ginseng & Parsley	Steroidal Saponins
8/14/18	HHS8*	Immune/Elder	8/14/18						Sweet
8/21/18	HHS9	Repro/Bodycare	8/21/18	HITP	9	Autoimmune, Clinical: Setting Up a Practice, Ethics, Privacy	Adulteration & Quality Issues	Pea	Phytoestrogens (also Coumarins)
8/28/18	SKIP		8/28/18						
9/4/18	BHHS1	Intro/Tea/Backyard	9/4/18	HITP	10	Apothecary, GMPs, Adulteration, Quality Control	Berries/Preservation	Heath	Anthocyanadins
9/11/18	BHHS2*	Safety/Mushr/Broth	9/11/18						Sour
9/18/18	BHHS3	Longevity/Cordial	9/18/18	HITP	11	Mushrooms (Guest: Nathan Searles)	Double-Extraction Tincture	Mushrooms	Polysaccharides
9/25/18	BHHS4*	Brain/Bonbon	9/25/18						Umami
10/2/18	BHHS5	Bones/Infusion/Seaweed	10/2/18	HITP	12	Thyroid, Case Study In Class	Roots & Barks	Nightshade & Mustard	Isothiocyanates & Carotenoids
10/9/18	BHHS6*	Pain/Raisins/Oil	10/9/18						
10/16/18	BHHS7	Lungs/Syrup	10/16/18	HITP	13	Lyme (Guest: Debbie Mercier)	Putting the Garden to Sleep	Garlic/Lily/Monocots	Sulfur
10/23/18	BHHS8*	Skin/Hydrosol/Exf	10/23/18						Pungent
10/30/18	BHHS9	Weight/Truffles	10/30/18	HITP	14	Let's Make a Tincture GMP-Style, In-Class Group Clinical	Project Presentations	Birch	Salicylates
11/6/18	No classes Election day		11/6/18						
11/13/18			11/13/18	HITP	15	Cancer Care (Guest: Christine Tolf), Clinical: Experience/Mentors/Where Do I Go Fro	Project Presentations	Evergreens/Pines	Oleoresin & Resins
11/20/18									
11/27/18									
12/4/18									

Time Frame 6-9 pm plus opt walks
Classes 9 per series/ 18 for both
Hours 27/series, 54/both (+walks)
Certificate of completion if you attend 8 of 9 classes in each series.
 Included: 1 United Plant Savers Registration per student (non-refundable)
Extras:
 Optional homework (essential for herbalist certificate)
 Herb walks on even class nights (HHS2, 4...)
 * marks Walks 5:30-6 pm, optional to attend

Cost:
 \$350 for one HHS/BHHS Series (27 hours)
 \$650 for both HHS & BHHS (54 hours + walks)
 \$45 per class (Cheapest = \$32.50)

Early Bird: \$600 for both
 \$325 per each

Time Frame 9:30 am - 4 pm (45 min lunch)
Classes 15/series
Hours 86.25/series
Certificate of completion if you attend 11 of 15 classes in the series and keep up with all materials.
Included: 1 AHG Student Registration per person (nontransferable)

For the Herbalist Certificate Program:
 Recommended reading/listening
 Client Practice Activities
 Herbarium pressings/ID/organoleptics, 12 plants total.
 Final Project, topic of student's choice, short paper + 15 minute presentation
 Must attend or have already completed HHS & BHHS (on site or online) to get herbalist certificate
 All HHS/BHHS homework including monographs and "do this"

So, if a student is taking all 3 series, every other week is a long day:
 9:30 am - 4 (45 min lunch) HTS
 4-5:30/6 pm - dinner/decompress break
 5:30-6 pm optional herb walk some dates
 6-9 pm HHS/BHHS
 9.5-10 hours of class time

Cost:
\$1500 for HITP series alone
 \$1950 for HHS, BHHS & HTS all together
 \$125 per class (Cheapest = ~\$75)
 \$200 deposit required, including for w/s students
Early Bird: \$1375 for series, \$1800 for all three
 Payment Plan: \$200 deposit to hold spot, \$450 by May 1, July 1, Sep 1
 (\$100 discount for HTS for students who have completed live BHHS & HHS)
3 work study - one for class assistance Tuesday including set up for the evening class, one for garden/apothecary/setup assistance on Monday before class nights
 one trading 90 hours garden/yard work for all three series
 Perhaps 1 trade student accepted