

# 2019 TENTATIVE Wintergreen Botanicals Schedule & Overview

Location: Wintergreen Botanicals Classroom, Allentown, NH

**Home Herbalist Series** - Mid June - Late August  
**Beyond Series** - Early Sep - Early/Mid November  
 Wednesday Nights, 6-9 pm

**Advanced Series** - Early May - Mid November  
 Wednesday DAYS, 9:30 am - 4 pm

Exact dates TBA in Winter

		<b>Apothecary &amp; Clinical Skills</b>	<b>Gardening/Medicine Making</b>	<b>Plant Family</b>	<b>Chemistry</b>	<b>Taste</b>	
	Advanced 1	Understanding Latin Names, Identification Basics	Growing herbs from seed (Guest: Val White), Planting trees & shrubs	Introduction	Introduction		
	Advanced 2	Energetics, Taste	Intro to Formulation, Organoleptics	Barberry & Buttercup	Alkaloids	Acrid	
	Advanced 3	History, Reseraching Herbs	Planting Seedlings	Aster	Sesquiterpenes	Bitter	
<b>Home Herbalist Series</b>							
HHS1	Intro/Tea/Nutritives	Advanced 4	Botany, Wildcrafting, Herbarium	Harvesting Weeds	Nettle	Minerals	Salty
HHS2*	Stress/Tinctures						
HHS3	Relax/FE	Advanced 5	Tongue Diagnosis (Guest: Sara Kender)	Flower Essences, Flowers	Rose	Tannins	Astringent
HHS4	Digest/Oil	Advanced 6	Aromatherapy & Earthly Aromatics (Guest: Jessica LaBrie)	Harvesting Herbs, Hydrosol & other aroma remedies	Mint	Aromatics (Terpenes, Polyphenols)	Spicy/Carminative
HHS5*	Detox/Caps/ID						
HHS6	Sugar/FirstAid/Salve	Advanced 7	Advanced Gut Protocols	Powders	Malva & Grass	Mucilage & Starch	Bland/Slimy
HHS7	Cardio/Honey/Vin						
HHS8*	Immune/Elder	Advanced 8	Endocrine System, Clinical Introduction: Anatomy of an Intake & Forms, Basic Laws	Percolation	Ginseng & Parsley	Steroidal Saponins	Sweet
HHS9	Repro/Bodycare	Advanced 9	Autoimmune, Clinical: Setting Up a Practice, Ethics, Privacy	Adulteration & Quality Issues	Pea	Phytoestrogens (also Coumarins)	
<b>Beyond the Home Herbalist Series</b>							
BHHS1	Intro/Tea/Backyard	Advanced 10	Apothecary, GMPs, Adulteration, Quality Control	Berries/Preservation	Heath	Anthocyanadins	Sour
BHHS2*	Safety/Mushr/Broth						
BHHS3	Longevity/Cordial	Advanced 11	Mushrooms (Guest: Nathan Searles)	Double-Extraction Tincture	Mushrooms	Polysaccharides	Umami
BHHS4*	Brain/Bonbon						
BHHS5	Bones/Infusion/Seaweed	Advanced 12	Thyroid, Case Study In Class	Roots & Barks	Nightshade & Mustard	Isothiocyanates & Carotenoids	
BHHS6*	Pain/Raisins/Oil						
BHHS7	Lungs/Syrup	Advanced 13	Lyme (Guest: Debbie Mercier)	Putting the Garden to Sleep	Garlic/Lily/Monocots	Sulfur	Pungent
BHHS8*	Skin/Hydrosol/Exf						
BHHS9	Weight/Truffles	Advanced 14	Let's Make a Tincture GMP-Style, In-Class Group Clinical	Project Presentations	Birch	Salicylates	
	Advanced 15	Cancer Care (Guest: Christine Tolf), Clinical: Experience/Mentors/Where Do I Go From Here?	Project Presentations		Evergreens/Pines	Oleoresin & Resins	

Guest Teachers based on 2018 schedule and subject to change for 2019