



**Clinical Herbalist,  
Educator &  
Editor/Journalist**

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Herbalism

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## Maria Noël Groves, RH (AHG)

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Available for herbal health consultations, lectures, and freelance writing and editing.

### Clinical Herbalist

- Owner & Practitioner, Wintergreen Botanicals, 2007-Present
- Registered Herbalist/Professional Member, American Herbalists Guild, 2013 - Present
- Certified Clinical Herbalist, Southwest School of Botanicals Medicine, 2004
- Certified Flower Essence Practitioner, Lichenwood Herbs, 2010
- Co-Founder & Past President, NH Herbal Network Chapter of the AHG
- Advanced Science & Art of Herbal Therapeutics at Sage Mountain, VT, 2005
- Rosemary Gladstar's Science & Art of Herbology correspondence course, 2004
- Foundations of Herbal Healing at Heartsong Farm, NH. 2003

### Herbal Author & Health Journalist

- Author, *Grow Your Own Herbal Remedies*, Storey Publishing, 2019
- Author, *Body into Balance: An Herbal Guide to Holistic Self Care*, Storey, 2006
- Health Editor & Columnist, *Herb Quarterly* magazine, 2008-Present
- Editorial Advisory Board Member, *Taste for Life* magazine, 2016-Present
- Adjunct Faculty & Contributor, Herbal Academy, 2015-Present
- Freelance Writer for *Mother Earth News*, *Mother Earth Living*, *Taste for Life*, *Remedies*, *Aromaculture*, and other publications. Guest Blogger on various national herbal blogs.
- Past Freelance Writer for *Tea Magazine/TheDailyTea.com*, *Heirloom Gardener*, *The Associated Press*, *Natural Health*, *Herbs for Health*, and others, 2000-2015
- Past Editor, Concord Co-op (2008-2015) and NOFA-NH Newsletters (2010-2012)
- Research editor (ran fact checking dept), *Natural Health* magazine, 2000-2002
- BA in English/Journalism from the University of NH, Durham, 1999

### Health Educator

- Lead Educator for various Wintergreen Botanicals herbal study programs, 2005-Present
- Adjunct Faculty, Nashua Community College, Introduction to Herbology, 2008-2017
- Contract or Guest Educator for the Maryland University of Integrative Health, Massachusetts College of Pharmacy and Health Sciences, Concord Hospital Center for Health Promotion\*, NH Holistic Nursing Association\*, Canterbury Shaker Village, 2005-present (\*with nursing contact hours)
- Past Educator for Concord Community Education, Parkland Medical Center, Exeter Hospital, Concord Food Co-op, Nashua Senior Activity Center, NOFA-NH and many others groups, libraries, garden clubs, herb schools
- Founder & Former Wellness Coordinator, Concord Food Co-op's award-winning wellness class, in collaboration with the City of Concord
- National Conference appearances including American Herbalist Guild Symposium, New England Holistic Nursing Conference, Mother Earth News Fairs, Traditions in Western Herbalism Conference, Great Lakes Herb Faire, NOFA Summer Conference

### Affiliations

- Professional & School Member, American Herbalists Guild
- Partner in Education, United Plant Savers
- Professional Member, American Botanicals Council
- Founder & Past President, NH Herbal Network Chapter of the AHG
- Founder, Member & Past Coordinator of the award-winning Concord Co-op Wellness Education Program

**References:** Please contact Maria for a list of references.