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Editor/Journalist**

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## Maria Noël Groves, RH (AHG)

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*Herbal health consultations, international lecturer, author, freelance health writer/editor.*

### Clinical Herbalist

- Owner & Practitioner, Wintergreen Botanicals, 2007-Present
- Registered Herbalist/Professional Member, American Herbalists Guild, 2013 - Present
- Certified Clinical Herbalist, Southwest School of Botanicals Medicine, 2004
- Certified Flower Essence Practitioner, Lichenwood Herbs, 2010
- Co-Founder & Past President, NH Herbal Network Chapter of the AHG
- Advanced Science & Art of Herbal Therapeutics at Sage Mountain, VT, 2005
- Rosemary Gladstar's Science & Art of Herbology correspondence course, 2004
- Foundations of Herbal Healing at Heartsong Farm, NH. 2003

### Herbal Author & Health Journalist

- Author of *Body into Balance: An Herbal Guide to Holistic Self Care* (2016); *Grow Your Own Herbal Remedies* (2019), *Herbal Remedies for Sleep* (2024), forthcoming TBA (2025), Storey Publishing
- Editorial Advisory Board Member, *Taste for Life* magazine, 2016-Present
- Adjunct Faculty & Contributor, Herbal Academy, 2015-Present
- Past Health Editor & Columnist, *Herb Quarterly* magazine, 2008-2020
- Past/Present Freelance Writer for *Mother Earth News*, *Mother Earth Living*, *Taste for Life*, *Remedies*, *Aromaculture*, *Tea Magazine/TheDailyTea.com*, *Heirloom Gardener*, *The Associated Press*, *Natural Health*, *Herbs for Health*, others. Guest national herb blogger, 2000-Present
- Past Editor, Concord Co-op (2008-2015) and NOFA-NH Newsletters (2010-2012)
- Research Editor (ran fact checking dept, herb beat), *Natural Health* magazine, 2000-2002
- BA in English/Journalism from the University of NH, Durham, 1999

### Health Educator

- Lead Educator for various Wintergreen Botanicals herbal study programs, 2005-Present
- Guest Educator for Maryland University of Integrative Health, Massachusetts College of Pharmacy and Health Sciences, Concord Hospital Center for Health Promotion\*, NH Holistic Nursing Association\*, Canterbury Shaker Village, 2005-present/varies by organization (\*with nursing contact hours)
- National Conference appearances including American Herbalist Guild Symposium, International Herbal Symposium, NH Association of Naturopathic Doctors, New England Holistic Nursing Conference, Mother Earth News Fairs, Traditions in Western Herbalism Conference, Great Lakes Herb Faire, NOFA Summer Conference, NOFA-NH Winter Conference, NH Master Gardeners, Herbal Entrepreneur
- Adjunct Faculty, Nashua Community College, Introduction to Herbology, 2008-2017 accredited
- Current or Past Educator for Concord Community Education, Parkland Medical Center, Exeter Hospital, Concord Co-op, other libraries, garden clubs, senior centers, herb schools

### Affiliations

- Professional & School Member, American Herbalists Guild
- Partner in Education, United Plant Savers
- Professional Member, American Botanicals Council
- Founder, President Emeritus & Past Prez, Treasurer NH Herbal Network Chapter of the AHG
- Founder, Wellness Educator & Past Coordinator of the award-winning Concord Co-op Wellness Education Program

*Last Updated Feb 2024*

**References:** Please contact Maria for a list of references.